## ROCHDALE & OLDHAM Maternity Voices



Working in partnership to improve maternity services

Date/Time	Monday 17 <sup>th</sup> January 20	022, 7:45pm - 9:15pm
Meeting	Meeting #4	Theme: Hyperemesis Gravidarum
Minute taker	Naomi Kenyon, Health	watch Rochdale

Attendees	Apologies Received
Leona, ROMVP Chair Naomi, Healthwatch Rochdale Simon, Director of Midwifery Royal Oldham Mel, Midwife lead Royal Oldham Angela, CCG Commissioner Oldham Charlotte, CCG Commissioner Heywood Middleton Rochdale Tamoor, Healthwatch Oldham Cathy, GMEC MVP	Sarita, Clinical Psychologist/Clinical Lead for Parent Infant Mental Health, HMR Early Attachment Service Jules, Healthwatch Oldham Julia, ROMVP Advocate Janice, CCG Commissioner Rochdale
Carmen Drinkwater, Non Exec Director, Norther Care Alliance Tim Crowley, Non Exec Director, Norther Care Alliance Josie, ROMVP Advocate/Service User Antonia, ROMVP Advocate/Service User/Doula Catherine, ROMVP Advocate/Service User Francesca, ROMVP Advocate/Service User Nicole, Student Midwife ROH/Service User Beth, Midwife NCA/Research Student Virginia, Home Start Infant Feeding Team Wendy, Oldham Maternity Infant feeding Coordinator Wez, Dad Matters Kim, Women of Whitworth founder/Service User	Abdur, Service User Nikki, Service User Rachel, Service User Michelle, ROMVP Advocate/Service User







A	genda Item	ltems Discussed	Summary of Discussion	Actions	Owner	Deadline
1	Welcome and introduction of attendees	Welcome Introductions of attendees via chat	Welcome from Chair Please see list above			
2	Information on Rochdale and Oldham Maternity Voices Partnership (MVP)	Who ROMVP are Gathering Feedback Oldham/Rochdale Sign up to receive updates	<ul> <li>Naomi, Healthwatch Rochdale gave an update on ROMVP, who they are and what they do.</li> <li>Feedback Gathering on Maternity Services. https://healthwatchrochdale.org.uk/share- your-experience-local-maternity-services</li> <li>We have a ROMVP Contact list, we send out information from ROMVP as well as other services, surveys, invitations to ROMVP meetings etc.</li> </ul>	ROMVP Website link: <u>ROMVP</u> For meeting attendees to share feedback link to contacts If you wish to be added to contacts list please email info@romvp.org.uk	ALL ALL	Ongoing
3		<u>Updates from Chair</u> Baby Bubbles	Partnership with Barnardos Rochdale, Home Start Host Rochdale and Rochdale Connections Trust. PIMH Volunteers trained. Really good opportunity for families who have had babies in lockdown to reconnect and share experiences. Supporting good mental health and relationships for families across the Rochdale Borough. Barnardos "Shine" for families who speak Urdu or Bangla starting soon	Share information: <u>Home Start</u> : Shelly: 07895402165 or email shelly.hsrb@gmail.com <u>RCT</u> : 01706 345111 or email info@r-c-t.co.uk <u>Barnardos:</u> 01706 769634	ALL	Various dates across the boroughs







		See Social medias for advertisements. Continuing throughout this year			
Feed	back	Increase in feedback coming in around Maternity Services across Rochdale and Oldham. Themes: Health Visitors, Breast Feeding, Partners being allowed at appointments.	Direct Feed Back Link: <u>ROMVP Feedback Link</u> Keen to hear feedback around "Smoking in Pregnancy" - have you seen the stop smoking services, signed up to the quit commitment, what has been your journey/experience?	ALL	Ongoing
15 Sto	eps, Rochdale	A 15 Steps was carried out by ROMVP Chair, Rochdale Commissioner and Dad Matters Rep at Rochdale Ante-natal and scanning Department in December 2021. Very interesting insight full update to be provided in report once part 2 is completed. 15 Steps to also be carried out at Oldham in February 2022	More info on the 15 Steps: <u>National MVP 15 Steps info</u>	ROMVP	Report by March 2022
South	n Asian Survey	Survey been live for a number of months. Good list of contacts with help from Healthwatch Oldham and Action Together. Number of factors - not much uptake. (Covid restrictions, language) <u>Comments:</u> <u>Tamoor (Healthwatch Oldham)</u> Has good relationships with local community groups, worked previously on things/facilitated focus groups, worked well. Partnership working. Happy to help/facilitate/share to community already has relationships with. Contact to work together on. Action Together	Link to Survey: South Asian Survey Link Antonia to share to Sling Library social medias and service users ROMVP to contact Healthwatch Oldham about collaborative working to get service user voice and lived experiences direct.	ROMVP ALL Chair, ROMVP	Ongoing by end of February 2022







			across Rochdale and Oldham can link/help, Council of Mosques Rochdale/Oldham potentially share. Simon (ROH) We can get women in the Glucose Tolerance Test Clinic to complete survey whilst they are in that waiting period.	To help share within the clinics	ROH	Ongoing
		Health Visitors	Would like to build relationships as ROMVP with Health Visitors across Rochdale and Oldham and share feedback we receive directly with them to look at how services can be improved and also share things from the Health Visiting services to our service users and social media channels.	To Contact Health Visitors within Rochdale and Oldham. To have a Health Visitor representative at the next ROMVP meeting in March 2022.	Chair, ROMVP Health Visiting Service	by end of February 2022 March 2022
		Ockenden	Working on priority recommendations for Ockenden. Website Gap analysis work.	To submit findings to Simon, ROH	Chair, ROMVP	March 2022
4	Review of Minutes/Action from previous meeting	Minutes #3 sent with invite to this meeting.	All up to date: Action Log No further comments from participants on minutes.			
5	Local Maternity Services Update	Update from Simon, director of Midwifery, Royal Oldham	<b>Covid Vaccinations for Pregnant Women-</b> the uptake on this has increased over the last few months, lots more trusted info now, pop up clinics across GMr and also offering in antenatal waiting rooms. Urging people to speak to midwives around this. No women in ICU with Covid over last few months - very pleased.	For ROMVP to continue to share updates via social medias for the Royal Oldham Hospital, midwives and maternity care teams.	ROMVP HW Rochdale	Ongoing







	<ul> <li>Staff with Covid - 20 have been off with Covid Covid Testing update - New "point of Care" test, can get results in less than 4 hours.</li> <li>Mask Wearing- Encouraging partners to still wear masks at appointments.</li> <li>Funding for Staff Well Being - Secured funding. Using for complementary therapies/practices for staff, Counselling, a specific App.</li> </ul>	To share posts/information around still wearing masks.	ROMVP - Via social media
	<ul> <li>Home Births - Highest it has been in 8 years. Covid may have encouraged this more.</li> <li>NEW: Digital Notes - money secured via the NHS X-Digital funding. No more green notes - will be replaced by an App, understand potential barriers so will still have green notes if necessary. The digital move will be a big plus - pull data trends, central point of call, cant loose information, more responsive as all info on app across services (especially if under multi-services during the pregnancy). Will implement over Summer. Involve service users in evaluation and feedback process.</li> <li><u>Comments:</u></li> <li>Q:Francesca (Service User)</li> </ul>	To potentially involve ROMVP with the feedback and development process.	ROH ROMVP
VE & OLO4-	Is this similar to the ASQ that is currently used? Online form/portal that parents fill in? (Ages and Stages Questionnaire) A: Simon (ROH) Will look at but unsure. Catherine (Service User)		













	Parent, Infant, Mental Health Service		Promote importance of parent and infant mental health and the first relationship an infant has with their parent or carer.			
			Work with you and your baby during pregnancy up until the child's second birthday.			
7	THEME: Hyperemesis Gravidarum	Presentation from ROMVP Volunteer Advocate, Service User and HG Survivor Francesca Soan	Welcome Francesca to present. Francesca spoke about her battle with Hyperemesis Gravidarum (HG) which is extreme sickness in pregnancy. Spoke about the impact on her life and work and emotional wellbeing. The pathways and struggles with services. Information providing	For anyone who has suffered HG or knows of anyone to please encourage them to send us their experiences and journey. info@romvp.org.uk		
	Questions and Answers: Meeting Participants	Open Discussion, feedback, questions to Presenter and professionals present.	from professionals. Lack of response from local PIMH services (Contacted at 13 weeks and they did not respond until 32 weeks), shared statistics, worries around medication prescribed and potential side effects, guilt as a mum/pregnant, Scientifics behind the genetic marker that potentially causes HG.	For ROMVP to raise concerns with local PIMH around lack of response to self referral. Update: Raised	ROMVP	ASAP
E B OLD			Presentation/video information shared. Comments - Rachel (survivor of HG) - shared via Message I had HG with both of my children. My first child I spent 80% of my pregnancy in hospital and lost almost 3 stone in the 9 months. The fear from the sheer overbearing illness of the HG gave me absolutes fears of having more children. Which also affected the relationship with my partner - I literally wouldn't let him near me. Eventually decided to have another child when my first born was 10! And it was like de ja vu - ill non stop from around 6-8			







	until second child was 3 weeks old. Was off work all 9 months as very poorly and also in and out of hospital. Severe hydration, 38 weeks delivered again - second baby had foetal tracks from 34 weeks due to the amount of fizzy pop was drinking as was only thing could half keep down - the constant vomiting caused like a PTSD. <b>Nicole (Survivor of HG)</b> The admission A&E was a big negative for me when I had HG - 4+ hours sat in A&E to just be	P to facilitate a with Kim and sca. (possible other vivors) with help Idham contact. of support from - process mapping erience of HG via roject Manager
SE & OLDH	told to go up to GAU.	







			I came across the HER foundation this week which provides a lot of information on HG. <b>Bethan (Midwife)</b> Promoting awareness of HG and national support available to women is so important <b>Charlotte (CCG)</b> Would be really good to map out these journeys - look at where improvements could be made and what went well etc. <b>Angela (CCG Oldham)</b> We have somebody on the team who can help with this mapping - will make the introductions via email with ROMVP chair. <b>Q: Antonia (service User)</b> Is there a medical reason consultants are loath to give IV's? It seems that all issues come down to consultants 'letting' women have an IV? <b>A: Simon (ROH)</b> There are specific policies on IVs. Guidelines around what point they are given - maybe this needs explaining further at the hospitals or informative leaflets? <b>Mel (Midwife ROH)</b> Abby - Midwife who uses Instagram reels to share videos and has guests on - maybe could do one around HG. Can ask and be good to get Francesca to present like today.	Link to HER Foundation: <u>HER - HG support</u> ROH to look at Instagram Video around HG. <u>Update:</u> Nicole (Student Midwife/service user has offered to help do these)	Chair, ROMVP Comms Team ROH	
8	Agreed Actions: review with group, NK	Review of Actions from Meeting #4	Brief outline of Actions	See "actior	ns" column	•
9	AOB	Survey	Evaluation Survey - please complete to capture demographics of attendees	For all attendees to complete meeting demographics survey	All attendees	20.02.2022







	https://www.surveymonkey.co.uk/r/8WH535 S			
Vice Chair, ROMVP	We are looking to recruit a Vice Chair for the ROMVP. More information will be shared soon.	LIVE on HWR website from beginning of Feb.		
Paediatric Nurse Practitioner (Rochdale)	Update from Francesca. Service offered if can't get in with a GP. Offer Same day appointment for up to 30 mins. High level nurses who can prescribe.	Contact Telephone number: 01706 676777		
Tongue Tie	Update from Wendy Blackwood. Rapid Action Service offered in Oldham ref to a paediatric doctor/triage to be seen. Works well and easy pathway for Tongue Tie problems. Very similar to what described in Rochdale.	Information from Northern Care Alliance <u>NCA Tongue Tie</u>		
Well Family Guide to common childhood illnesses	There is an app that can be downloaded as well as an information booklet, developed between collaborative partnerships. Really good information.	Link to be shared and also info on where to pick up the hard copy booklets. <u>Update:</u> QR Code Link: <u>Well Family Link</u> #WednesdayWeekly session on this - book below: https://www.actiontogeth er.org.uk/civicrm/event/in fo?reset=1&id=3009		07.02.22
ROMVP meeting #5 Consultation on time of next Zoom meeting	There is a poll on our Social Medias but please also share your views with us. info@romvp.org.uk	Q: If you were to attend a ROMVP meeting what would be your preferred time to attend? 9.30am - 12.30pm 12.30pm - 2.30pm 7.30pm - 9.30pm	ALL	10.02.2022







				Other		
	Prop	osed date of nex	kt Rochdale and Oldham Maternit	· ·	o meeting:	
			TBA - MARCH 2022 via Z	Zoom		
lf y	ou would like to r	eceive updates and in	formation around Rochdale and Oldham MVP o Advocate for the ROMVP, please let us		ion on becoming a	Volunteer

Leona Barlow, Rochdale and Oldham MVP Chair - Minutes accepted -25.01.2022







